



Oxfordshire Health & Well Being Partnership

HWBP e-bulletin – August 2010

Website additions since last bulletin

The "published reports" section of the HWBP homepage provides a library of recent publications – the latest additions include:

White Paper 'Equity and Excellence: Liberating the NHS'

The health [white paper](#), published 12 July, has been put on the HWBP website. Links to four consultations launched by the Department of Health around this white paper are as follows:

- Transparency in Outcomes: www.dh.gov.uk/en/Consultations/Liveconsultations/DH_117583
- Increasing Democratic Legitimacy in Health: www.dh.gov.uk/en/Consultations/Liveconsultations/DH_117586
- Commissioning for Patients: www.dh.gov.uk/en/Consultations/Liveconsultations/DH_117587
- Regulating Health Care Providers: www.dh.gov.uk/en/Consultations/Liveconsultations/DH_117782

Everyone is encouraged to have a say in these government proposals. Closing date 11 October 2010.

Ageing Well launched

The coalition government has launched 'Ageing Well', its programme designed to help local authorities increase efficiency whilst still improving the quality of their services for older adults. The programme emphasises local engagement as apart of their drive to shift power from Westminster to local people and their communities. A summary is attached.

One of its recent publications – '*Good homes in which to grow old? The role of councils in meeting the housing challenge of an ageing population*' has been placed on the HWBP website.

[Good homes in which to grow old](#)



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Training and events

Intergenerational working – 24 August 2.30 - 5pm

To celebrate a year of intergenerational activities, and the benefits of young and old working together, a free open day is being held at the WRVS Cornhill Centre in Banbury. See the attached flyer for more information.

[Intergenerational working flyer](#)

Older Person's Day – Fri 01 October

This year will be the fourth national Older People's Day and the attached leaflet explains more about this year's theme – full of life. More information will follow in next month's bulletin about local events to mark the occasion in Oxfordshire.

[Older People's Day flyer](#)

Healthy Eating for Older People training – Wed 29 September

The aim of this free one-day **Fitness from Within** course is to identify the specific nutritional requirements for older people, the many obstacles they face in achieving optimum nutrition and how these issues can be addressed through simple, practical advice that will help achieve improved nutritional health. The course includes an overview of how to plan a healthy meal and the major food groups involved, with specific reference to the increased needs of certain nutrients in the target age group.

To book a place please complete the attached booking form and return to Sue Talmage:

[Fitness From Within training form](#)

Physical Activity for Older People training – Wed 06 October

Later Life Training are offering a free one-day **Motivate Me** course for those who work with older people to provide theoretical perspectives on motivating older people to start and maintain regular physical activity. The course also provides practical opportunities and strategies for the practitioner/ leader to intervene and tips on how to recognise individual differences and barriers to motivation.

To book a place please complete the attached booking form and return to Sue Talmage:

[Motivate Me training form](#)



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Other news

Oxfordshire Travel Advice Line

The new Oxfordshire Travel Advice has been launched. The travel advice line provides journey planning and advice to older people and those with a high level of support needs, on a range of transport solutions. Please visit and pass on the details of the website www.oxfordshire.gov.uk/oxtail to anyone within the criteria.

If you or your staff would like A5-sized hard copies of the flyer or have any questions please contact Sarah Hook:

t: 01865 323738 e: sarah.hook@oxfordshire.gov.uk [Oxtail flyer](#)

Self Directed Support goes live

On 04 October self directed support goes live for all social care clients across Oxfordshire, in time to meet the deadline introduced in *Putting People First*. All clients will be allocated a personal budget and offered assistance with making the support plan that they want. Further information is provided in the attached newsletter.

[Self Directed Support newsletter](#)

Physical Activity Delivery Plan – consultation until 03 September

The plan is intended to provide a framework for the development of Physical Activity within Oxfordshire and in particular those areas where there is an interdependency or value in partners working together more effectively and efficiently. A short summary is attached and the draft plan is available on the HWBP website. To give feedback, to join the Steering Group or for further information contact Antonia Bridges.

t: 01865 252600 e: abridges@oxford.gov.uk [Draft Physical Activity Delivery Plan](#)

For more information or to unsubscribe from future e-bulletins contact:

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