



Prevention in Older People

Presented by

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Spectrum of Prevention



Active Aging



Workplace



Frailer Older Person

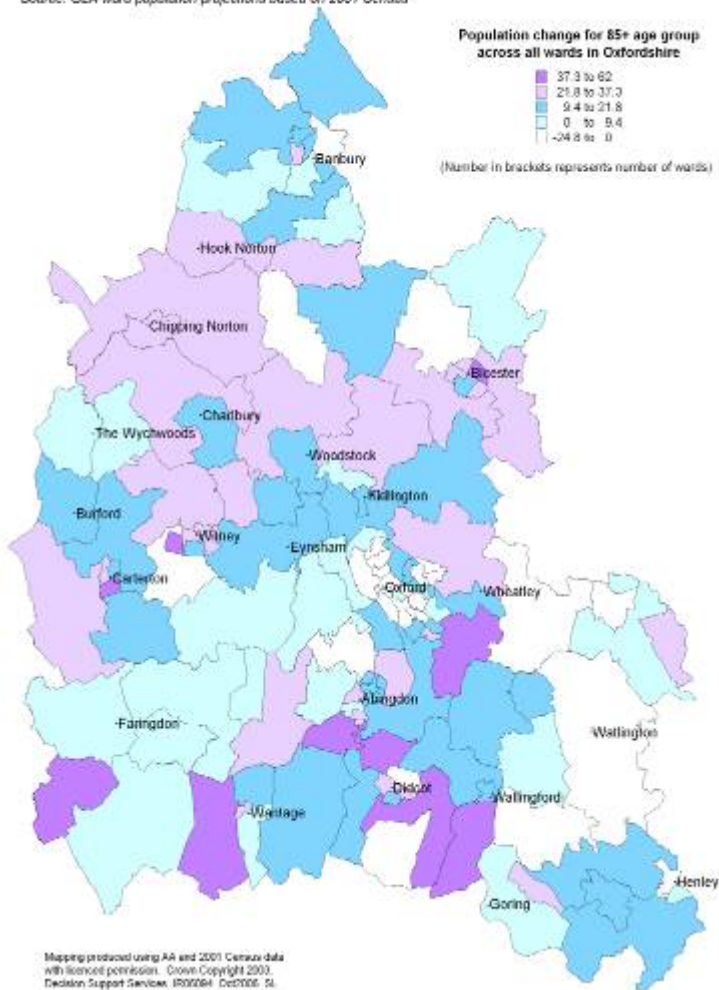


Care Needs



Population change for people aged 85 years and over (2006 to 2011)

Source: GLA ward population projections based on 2001 Census



Geographical Area	Age 65+		
	Pop in 2004 (1,000's)	Pop in 2029 (1,000's)	% age increase 2004 to 2029
Cherwell	18.8	34.9	85.6%
Oxford City	17.2	23	33.7%
South Oxfordshire	20.5	32.5	58.5%
Vale of White Horse	18.8	29.4	56.4%
West Oxfordshire	16.2	28	72.8%
Oxfordshire	91.5	147.8	61.5%
Geographical Area	Age 80+		
	Pop in 2004 (1,000's)	Pop in 2029 (1,000's)	% age increase 2004 to 2029
Cherwell	5.1	11.1	117.6%
Oxford City	5.4	7.5	36.9%
South Oxfordshire	5.8	11.5	98.3%
Vale of White Horse	5.2	10.6	103.8%
West Oxfordshire	4.7	10.1	114.9%
Oxfordshire	26.2	50.8	93.9%

Source: Office for National Statistics: Subnational population projections based on 2004 mid-year estimates.



Barriers

- Accountability
- Indicators
- Partnerships
- Funding



Oxon PCT

Some Partnerships

Prevention Strategy

Oxon CC

Charitable Organisations



Seven Areas to concentrate on

- Housing and the home
- Lifetime neighbourhoods
- Social activities and networks
- Getting out and about
- Income
- Information
- Health and healthy lifestyle



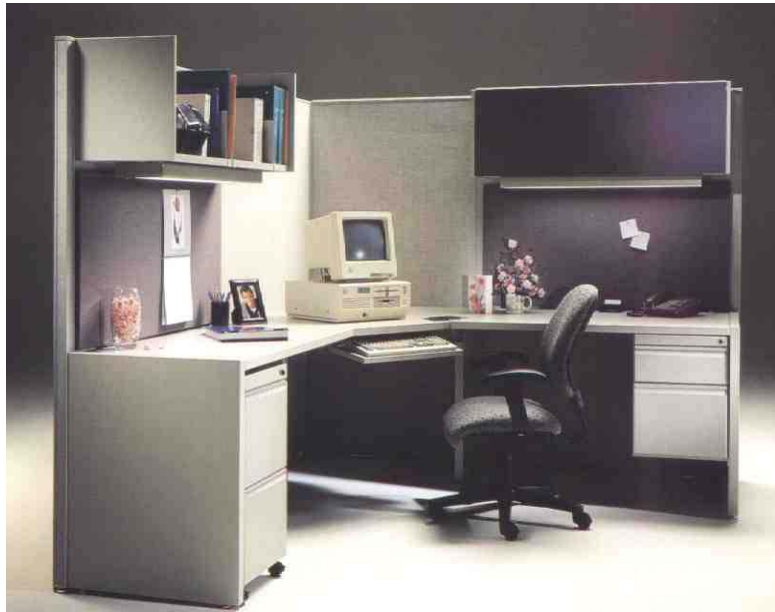
Potential Indicators

- Principles to only use what is already collected
- Examples JSNA, National Indicators, LAA
 - NI 125 Achieving independence for older people
 - Healthy Life expectancy at 65



Discussion Points

- Are these the right topic areas – anything missing?
- What should be the priorities?
- Where would you spend any money?
- Is there any money to spend?
- Who is going to do the work?



workplace

- Retirement planning
- Good Occupational health
- Smoking Cessation
- Weight Management
- Green travel plans



Active Aging

- Volunteering
- Keeping Active
- Smoking Cessation
- Weight Management
- Green travel plans
- Healthy Options



Frail Older Person

- Social Inclusion
- Early Intervention
- Confidence Building
- Local Friendships and networks
- Local Facilities



- Services which are timely
- Promoting independence
- Care near home
- Continuous care



Care Needs