



**Health and Well-Being Partnership Board
Notes of meeting Thursday 18 September 2008**

No	Item	Notes	Action
1.	Welcome and Apologies	<p>Apologies were received from: Cllr Antonia Bance (Oxford City Council), Joanna Simons (Oxfordshire County Council), Andrea Young (Oxfordshire PCT), Cllr George Reynolds (Cherwell District Council), Patrick Taylor (Oxfordshire Mind), Dr Peter Von Eichstorff (GP), Cath James (West Oxfordshire District Council), Mary Judge (LINK), Steve Vinnicombe (Oxfordshire Council for Disabled People), Cllr Barry Wood (Cherwell District Council).</p> <p>Members present are listed at Annex A</p> <p>Officers in attendance: Angela Baker, Rich Beer, Fenella Trevillion, Benedict Leigh, Kate King and Paul Purnell attended part of the meeting to give presentations</p>	
2.	HWBP future strategic framework	<p>Jonathan McWilliam (Director for Public Health) introduced this item as a response to the conclusions formed at the away-day in June. He hoped that the Board would approve of the direction being set out, since the current meeting already demonstrated elements to implement the framework. Most notably, three key strategic areas had been prioritised as issues where the Board could add real value through its involvement and could expect to see concrete progress within 12 months.</p> <p>In addition, the framework altered the format of Board meetings to reflect this concentration on key issues, gave it a formal role to monitor LAA targets, as well as looking at pooled budgets and spending some time horizon scanning. It also authorised the establishment of a Health & Well-Being Officer Group to take forward the Board's wishes in the time between meetings.</p> <p>Alan Webb and Jonathan McWilliam's membership of the Children's Trust was highlighted and their ability therefore to act as conduits between the two partnership structures was welcomed.</p> <p>The Board was asked to:</p> <ul style="list-style-type: none"> • Approve Anita Higham's representing the Board at the HWB Officer Group <p>There was general agreement that Anita Higham should be a 'participant observer' on behalf of the Board at the HWBP Officer Group meetings.</p>	<p>Matt Bramall/ Anita Higham</p>

<p>3. a</p>	<p>Reducing obesity to combat disease and dependency</p>	<p>Angela Baker (Health Improvement Principal) and Rich Beer (Sports Development Manager) gave a presentation on current activity to tackle obesity. The Board were reminded that they received the Obesity Strategy at their meeting 20 March 2008, which included plans for slimming on referral and exercise on referral, whereby a GP can access programmes to ‘prescribe’ weight loss and exercise. The Board were brought up to date with the work of the Go Active project, whose new workers exist solely to promote active exercise.</p> <p>The obstacles were highlighted as a fragmented approach and the over medicalising of what is not just a health care problem. A paucity in the available data on the populations weight which lessens the robustness of the current evidence base was also discussed.</p> <p>The Board was asked to:</p> <ul style="list-style-type: none"> • consider what each of the partner organisations could contribute to develop activities in support of this work stream. <p>There was general agreement to RECOMMEND that:</p> <ul style="list-style-type: none"> • Board members should encourage their Directors to get this message out to GPs. • All agencies should be encouraged to identify ways in which they can ‘nudge’ people to be more active. • Partners should support calls to improve data collection, in particular to identify mechanisms that will bring evidence together on a multi-agency basis. • ‘Sentinel practices’ should be established to record the weight of all patients (not just those for whom the GP identified it as a matter of concern). 	<p>All</p>
<p>3. b</p>	<p>Promoting mental well-being</p>	<p>Fenella Trevillion (Head of Joint Commissioning) and Benedict Leigh (Chief Executive – RESTORE) gave a presentation on what we know works to promote mental well-being, beyond the provision of specific mental health services. Engaging in services was highlighted as not good for ones mental health and more attention needs to be focussed on recovery and moving people through to a life without services. Settled accommodation, paid employment, mainstream involvement in society and a network of friends are</p>	

		<p>the key factors that make people well. Worklessness and poor housing in particular were highlighted as the most significant regardless of diagnosis. Mainstream staff also need to be trained to understand that they don't need specialist skills to be inclusive for people experiencing poor mental health.</p> <p>The Board was asked to:</p> <ul style="list-style-type: none"> • consider what each of the partner organisations could contribute to develop activities in support of this work stream. <p>There was general agreement to RECOMMEND that:</p> <ul style="list-style-type: none"> • Partner organisations need to look at their own HR practices to see if, as large employers in the region, they can offer work to people with mental health issues. • Urge the Oxfordshire Economic Partnership and specific LAA2 target leads around getting people off benefit and into paid employment to embed responding to mental health in their delivery plans. • Urge the Oxfordshire Housing Partnership and specific LAA2 target leads around social housing to embed responding to mental health in their delivery plans. • Look to develop better response within spatial planning to address mental health needs on an ongoing basis through the Deprivation and Place initiatives targeting the most deprived localities. • The HWBP Board looks at mental health in the older population as a specific topic at the 19 Mar '09 meeting, including the needs of carers. • Look for ways to increase the take-up of the 'Mental Health First Aid' course that equips mainstream service staff (e.g. leisure centre and library receptionists) with the confidence to engage effectively with people who have mental health needs. • Action plans addressing mental health and well-being promotion need to be drawn up. 	<p>All</p>
<p>3. c</p>	<p>Preventing ill health in the ageing population</p>	<p>Paul Purnell (Head of Social Care for Adults) and Kate King (Health Improvement Practitioner) gave a presentation on current activity to add quality life to one's retirement years. Particular themes included trying to do more to improve information so that people can manage things better themselves, the</p>	

		<p>current lack of a systematic approach to prevention to add value collectively (rather than the somewhat piecemeal approach at present), and the lack of headroom in most organisations' budgets for tackling prevention.</p> <p>The Board was asked to:</p> <ul style="list-style-type: none"> • consider what each of the partner organisations could contribute to develop activities in support of this work stream. <p>There was general agreement to RECOMMEND that:</p> <ul style="list-style-type: none"> • Better coordination across organisations and services be established to take this work forward. • Partners identify services within district councils which, like the county council's registration service, see every single citizen (at a certain stage in their life) where links with preventative measures could be made - the Board and the Officer Group are urged to come up with some ideas in this regard for what to focus on. • Partners try to gear up the wider workforce to give better, cross-cutting, health improvement information when coming into contact with clients. • Partners continue to urge GPs to do more to encouraged people to identify themselves as carers. • Partners work to address prevention in supported housing settings, such as in care homes and via Supporting People activities. • Partners consider commissioning research into the well-being benefits arising from free bus travel for over 65s. 	<p>All</p>
		<p>For each of the three strategic priority areas the Board asked the newly re-vamped HWB Officer Group to bring back reports to the December meeting identifying:</p> <ul style="list-style-type: none"> • <i>Baseline</i> position • <i>Outcomes</i> so far • <i>Actions</i> for the future • <i>Barriers</i> to success <p>Their task is to bring back to the Board a report on progress to date in each of these areas of work.</p>	<p>Matt Bramall</p>

<p>4.</p>	<p>Vale Health Improvement Plan</p>	<p>David Stevens (Deputy Director (Environmental Health), Vale of White Horse) gave a presentation on how the district's Health Improvement Plan had been put together with the objective of optimising their services. Part of the process involved recognising what they already did to improve health, prioritising activity to identify what gave the greatest benefits and using a Healthy Communities Peer Review to compare themselves to a national benchmark. The Health Improvement Plan is informed by and itself informs other key strategic frameworks within the council, such as its Sustainable Community Strategy and its Local Development Framework, as well as several county-wide plans, such as the Oxfordshire Public Health Strategy and the Oxfordshire Sustainable Community Strategy.</p> <p>The Board was asked to:</p> <ul style="list-style-type: none"> • comment on the local priorities the Vale are taking forward in their plan. <p>There was general agreement to RECOMMEND that:</p> <ul style="list-style-type: none"> • The Vale be congratulated on their Health Improvement Plan and commend this joined-up approach at district level elsewhere in Oxfordshire. • Partners lend their support to the prioritised actions that the Vale will pursue over the next four years. 	<p>All</p>
<p>5.</p>	<p>Monitoring health and social care related targets in the Local Area Agreement(s)</p>	<p>Jackie Wilderspin (Head of Partnerships and Health Inequalities) gave an update on progress. The county council is hosting a web-based performance management system ('<i>Performance Plus</i>') from which it is proposed the Health & Well-Being Partnership Officer will take reports to be presented to the Officer Group who will keep an eye on the detail and alert the Board when there are any issues. The Board has responsibility for four specific health and well-being LAA2 targets and two LAA1 targets.</p> <p>The Board was asked to:</p> <ul style="list-style-type: none"> • Approve the arrangements and note the first quarter reports <p>There was general agreement to RECOMMEND that:</p> <ul style="list-style-type: none"> • A report be brought back by the Officer Group to each meeting of the Board. 	<p>Matt Bramall</p>

		<ul style="list-style-type: none"> • The Officer Group be asked to address with the Oxfordshire Sports Partnership and others what support is available to district councils to help them implement free-swimming for the over 65s. 	
6.	SMART targets for the Sustainable Community Strategy Delivery Plan	<p>Jackie Wilderspin (Head of Partnerships and Health Inequalities) outlined that there was an opportunity for the Board to design the best targets for the health and well-being aspects of the delivery plan, which will be adopted at the November meeting of the Public Service Board. Proposed targets were tabled and the Board were advised that the next steps involve devising explicit measures that we monitor and an action plan for each of the targets submitted.</p> <p>The Board was asked to:</p> <ul style="list-style-type: none"> • Comment on the proposed targets and identify actions for the action plan <p>There was general agreement to RECOMMEND that:</p> <ul style="list-style-type: none"> • The targets were too wide-ranging and that they should be re-written to better reflect the three strategic priorities agreed by the Board. • The targets needed a stronger focus on outcomes and not just activities. • The delivery plan should also be used as an opportunity to ask other partnerships to include targets that are more within their remit but which will also influence outcomes on well-being, such as ensuring targets around getting people into employment feature in the Oxfordshire Economic Partnerships action plans. • A revised set of targets should be drawn up by the Officer Group. 	Jackie Wilderspin
7.	Extra Care Housing Governance Plan	<p>Nigel Holmes (Service Manager, Extra Care Housing) explained that the Board had already approved the Extra Care Housing Strategy and that it was now asked to approve the governance arrangements for taking forward that strategy.</p> <p>The Board was asked to:</p> <ul style="list-style-type: none"> • Approve the governance arrangements <p>There was general agreement to RECOMMEND that:</p> <ul style="list-style-type: none"> • The Board approved the Extra Care Housing Governance arrangements, subject to the Housing Partnership's approval. 	

		<ul style="list-style-type: none"> • The Extra Care Housing Governance arrangements did NOT need to also be approved by the Supporting People Board. 	
8.		<p>The Chair highlighted that the following items were for the Board to note without discussion unless a member requested otherwise.</p> <p>The Board agreed to this new meeting format.</p>	
9.	Notes and actions from previous meeting	<p>Accuracy</p> <p>Since no one raised any objections, the Minutes of the last meeting of the Health and Well-Being Partnership Board on 20 March 2008 were taken to be an accurate record.</p> <p>A summary of the report from the HWBP away-day held 18 July 2008 was tabled and members were informed that a full report of output from the away-day is available on the website.</p> <p>Matters Arising</p> <p>Jackie Wilderspin drew the Board's attention to the fact that analysis from Health Needs Assessments can be read/ accessed by partner organisations. In relation to the Joint Needs Assessment (JSNA), she highlighted that the Banbury Area Health Needs Assessment should be featured within the suite of documents under the JSNA.</p> <p>No other matters arising were raised.</p>	
10.	Update on Partnership Governance arrangements	The Board noted the on-going work to rationalise the partnership structure and give consistency to the governance of the various partnerships.	
11.	Joint Strategic Needs Assessment (JSNA)	The Board noted the Oxfordshire JSNA 2008 .	
12.	Sustainable Community Strategy – Area Based Grant	The Board agreed to the Officer Group taking forward proposals to the Public Service Board .	

13.	Planning future meetings	<p>The Board was asked to:</p> <ul style="list-style-type: none"> • Agree the dates for meetings in 2009 <p>The Board set the dates for future meetings throughout 2009 as follows:</p> <ul style="list-style-type: none"> • 19 March 2009, Meeting Room 2 in County Hall • 18 June 2009, Conference Room A in Jubilee House • 17 September 2009, Meeting Room 2 County Hall • 10 December 2009, Conference Room A in Jubilee House 	Matt Bramall
14.	Next Meeting	11 Dec at 2:30pm, Conference Room A in Jubilee House (NB Please not the different start time)	

**Annex A:
18 September 2008**

Members present

Members present	Organisation
Dr Stephen Richards Jonathan McWilliam Alan Webb	Oxfordshire PCT (CHAIR) Oxfordshire PCT/ Oxfordshire County Council Oxfordshire PCT
Cllr Jim Couchman Cllr David Robertson John Jackson	Oxfordshire County Council Oxfordshire County Council Oxfordshire County Council
Cllr Angela Lawrence Cllr Hilary Hibbert-Biles Cllr Chris Hood	Vale of White Horse District Council West Oxfordshire District Council South Oxfordshire District Council
Jean Nunn-Price Lesley Dewhurst Tony Purkis Anita Highman Penny Thewlis	Local Involvement Network Nightshelter Carers Forum/ Alzheimers Society Age Concern Oxfordshire Age Concern Oxfordshire

Officers present

Officers present throughout	Organisation
Sara Livadeas	Oxfordshire County Council
Matt Bramall	Oxfordshire PCT/ Oxfordshire County Council
Jackie Wilderspin	Oxfordshire PCT
Ian Davies	Cherwell District Council
Val Johnson	Oxford City Council
Sue Reid	South Oxfordshire District Council
David Stevens	Vale of White Horse District Council
Officers present in part	Organisation
Rich Beer	Oxfordshire Sports Partnership
Benedict Leigh	RESTORE
Paul Purnell	Oxfordshire County Council
Fenella Trevillion	Oxfordshire PCT
Kate King	Oxfordshire PCT
Angela Baker	Oxfordshire PCT

Members are reminded that the Health & Well-Being Partnership now has its own web pages, which contain copies of minutes and agendas, latest news of current activity and a host of other useful information including local and national reports about health and related topics, as well as all the JSNA material. To visit go to:

www.oxfordshirepartnership.org.uk/wps/wcm/connect/OxfordshirePartnership/Partnerships/Health+and+Well-Being+Partnership/ :

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