

APPENDIX 1

CHILDHOOD OBESITY OXFORDSHIRE HEALTHY WEIGHT MANAGEMENT FOR CHILDREN & YOUNG PEOPLE

The following information represents some of what is currently happening within Oxfordshire. It clearly demonstrates that addressing childhood obesity is a priority for all professionals involved with children and young people.

	0-5 years	5-16 years	16-18 years
PCT	<ul style="list-style-type: none"> ▪ Slimming on referral for pregnant women ▪ Breastfeeding Strategies & Programmes ▪ HENRY, healthy eating programme with Children's Centres ▪ Midwives & Health Visitors, promotion of breast feeding, baby café's, healthy lifestyle advice, weaning advice 	<ul style="list-style-type: none"> ▪ NCMP (National Child Measurement Programme) weight/height of reception year and year 6 children, mapping levels of overweight/obese children in Oxfordshire ▪ MEND, family based intervention programme (7-13 yrs) ▪ Slimming on Referral for 11+yrs, must be supported by an adult ▪ School Health Nurses and Health Visitors provide advice and support 1:1/groups ▪ Dieticians provide training, guidelines, resources for health professionals, 1:1 interventions with family around healthy eating 	<ul style="list-style-type: none"> ▪ School Health Nurses providing advice to young people ▪ Slimming on Referral
OCC	<ul style="list-style-type: none"> ▪ HENRY, healthy eating programme ▪ Pre-school / Nurseries, promotion of healthy snacks & food and active play, oral health ▪ Children's Centres, promotion of breastfeeding, healthy lifestyle advice, healthy snacks & food, cookery sessions, play session, oral health promotion 	<ul style="list-style-type: none"> ▪ School based Exercise Programmes (travel to school, School Sports Partnerships) ▪ Extended Schools ▪ Oxfordshire Healthy Schools, promote healthy eating and physical activity⁵ 	<ul style="list-style-type: none"> ▪ Healthy Lifestyle Advice through schools and colleges.
Leisure Providers / District Councils	Provision of leisure for children	Provision of leisure for children and young people	Provision of leisure for young people

