



Oxfordshire County Council Social & Community Services

Occupational Therapy Service

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The role of an occupational therapist

The role of an occupational therapist is to assess the needs of people of all ages who have difficulties managing activities of daily living due to a disability or frailty.

Our aim is to assist you find solutions with managing every day activities and enable you to live independently, or to assist your carers. We have local teams covering Central, South and North Oxfordshire each managed by an occupational therapist.

How we can help you

If you have difficulty carrying out activities of daily living such as:

- getting around your property
- getting in and out of a chair or bed
- getting in and out of the bath or shower
- getting on and off the toilet
- preparing food and drinks
- getting to the front door or carrying out parenting tasks

We may be able to advise you on different ways of doing these or provide equipment to help you.

We have a web-based equipment catalogue which has information and pictures where you can self-assess and choose and order items to help you live at home more independently.

Go to www.oxfordshire.gov.uk/otequipment for more information.

We can provide equipment in line with the [Fair Access to Care Services “critical or substantial” criteria](#)

If you have restricted mobility and have difficulty accessing sleeping facilities, toilet, bathroom, kitchen and access in and out of your property an occupational therapist will be able to advise you on changes or adaptations you could think about within your property to suit your specific requirements.

We have a booklet called **Guide to Home Adaptations for Disabled People** that you may find helpful. [You can download it from this web page.](#)

How to get more information

Our Access Team is able to give you information about all Social & Community Services teams. You can contact them at:

Oxfordshire County Council, PO Box 780, Oxford OX1 9GX.

Tel: 0845 050 7666

Email: access@oxfordshire.gov.uk

Other sources of help from other organisations

You can contact these organisations direct.

Guideposts Trust Independent Living Centre

The Guideposts Trust is a county resource which gives high quality, impartial information, which will assist anyone wanting to lead an independent life to make an informed choice about a product or service. You can 'try before you buy' by visiting the centre and speaking to the occupational therapist personally.

Information is available about local or national suppliers. The Occupational Therapist based at Guideposts is able to provide small items of equipment funded by Social & Community Services. There are leaflets on choosing:

- An armchair
- A bath with a door
- A bathlift
- A commode
- An electric bed
- An electric wheelchair
- A scooter
- A stairlift
- A walking stick

- A wheelchair
- A wheeled walker

The Helpline is staffed by people with personal experience of disability who have access to a wide range of information to enable you to make the right decision for you. It recognises the need to inform and empower people and give the inspiration to act

Contact details: Guideposts Trust Independent Living Centre, Northfield Farm Lane, Madley Park, Witney OX28 1UD. Telephone 01993 899980 Fax: 01993 700841.

Mediquip Assistive Technology Ltd

Mediquip specializes in the supply of equipment and will sell equipment to private purchasers. Mediquip is the preferred supplier of both Health and Social Community Services at the present time.

Contact details: 38B Milton Park, Abingdon, Oxon OX14 4RT. Telephone: 01235 861877.

Oxford Centre for Enablement

Oxford Centre for Enablement (OCE) provides specialist services for those people whose needs are complex. Their disability health services include specialist assessment, advice, treatment, rehabilitation and equipment. They also offer a clothing advice service. For an appointment please call 01865 737200.

Wheelchairs

If you require a wheelchair for six months or more, you should be referred by your doctor, physiotherapist or occupational therapist to the Postural Independence and Mobility Service at the Oxford Centre for Enablement (see above) on 01865 227273.

Red Cross

The Red Cross provides short-term loan of wheelchairs and other equipment in an emergency. Their main centre is Red Cross House, Colwell Drive, Abingdon, Oxon OX14 1AU 01235 225597

Carers' Centres

Carers' Centres provide a confidential and sensitive service to carers. They enable carers to access services and resources, provide reliable information, ensure choice, provide

sensitive support and can act as advocate. They also provide a Carers' Support Group for Asian carers and Relief to Care service. Carers' Centres are financially supported by Social & Community Services. Carers' Centres can provide some small items of equipment to assist carers. For more information go to <http://www.oxoncarers.org.uk/> You can find centres at:

- Oxford City: The Carers Centre 174a Cowley Road Oxford OX4 1UE 01865 205192
- North Oxfordshire: The Carers Centre 27 Horse Fair Banbury Oxon 01295 264545
- South & Vale: The Carers Centre 5 Lydalls Road Didcot Oxon 01235 510212

If you wish to be assessed privately

If you wish to be assessed privately then you should contact Occupational Therapists in Independent Practice who have a register of occupational therapists who work in private practice. OTIP will provide details of occupational therapists who are state registered by the Health Professions Council and are members of OTIP. You should check they are covered by professional indemnity insurance to carry out their business. There is a charge for their services. Tel: 0800 3894873 or go to <http://www.otip.co.uk/>

Buying your own equipment.

There are a number of shops and outlets, which sell equipment for people with disabilities. If you would like details of suppliers, contact Oxfordshire County Council's Access Team by telephoning 0845 050 7666 or write to the address below.

More information

For more information, please contact Oxfordshire County Council, PO Box 780, Oxford OX1 9GX. Telephone 0845 050 7666. Email: access@oxfordshire.gov.uk

Providing information in other formats

Alternative formats of this publication can be made available on request from the contact details above. These include other languages, large print, Braille, audio cassette, computer disk or email.

“Formate alternative te ketij publikimi ofrohen me kerkese. Kjo perfshin dhe gjuhe te tjera, me shkronja te medhaja, shkronja per te verberit, kasete degjimi, disk kompjuteri ose email.”

Albanian

আপনি যদি অনুরোধ করেন তাহলে এই পুস্তিকাটি বিকল্প ছাঁদে, যেমন, অন্য কোনও ভাষায়, বড় হরফে, ব্রেইলে, অডিও-ক্যাসেটে, কমপিউটারের ডিস্কে বা ইমেলের মারফত পেতে পারেন।

Bengali

“本刊物備有其他的格式可供索取。這些包括有其他語言版，大字版，盲人用版，錄音帶版，電腦磁碟版或電子郵件版。”

Chinese

प्रार्थना करने पर यह प्रकाशन दूसरे रूपों में प्राप्त किया जा सकता है। जिस में सम्मिलित है, दूसरी भाषाओं में, बड़े छापे में, ब्रेअल, सुनने की टेप पर, कम्प्यूटर की डिस्क पर या ई-मेल द्वारा।

Hindi

“ਇਹ ਪੁਸਤਕ ਬੇਨਤੀ ਕਰਨ ਤੇ ਹੋਰ ਰੂਪਾਂ ਵਿਚ ਵੀ ਉਪਲਬਧ ਹੈ। ਜਿਵੇਂ ਕਿ ਹੋਰ ਭਾਸ਼ਾਵਾਂ ਵਿਚ, ਵੱਡੇ ਛਾਪੇ ਤੇ, ਬੋਲ ਵਿਚ, ਸੁਣਨ ਵਾਲੀ ਟੇਪ ਤੇ, ਕੰਪਿਊਟਰ ਡਿਸਕ ਜਾਂ ਈ ਮੇਲ ਤੇ।”

Punjabi

“اس اشاعت کو متبادل اشکال میں درخواست کرنے پر حاصل کیا جاسکتا ہے۔ اس میں دوسری زبانیں، براہرنت، بریل (جسے اندھے چھو کر پڑھ سکیں)، آڈیو کیسٹ، کمپیوٹر ڈسک یا ای میل شامل ہیں۔”

Urdu